



July Newsletter

Your Free Monthly Shred & Med Waste News!

Visit our website



## No-Touch Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering "No-Touch Shred Events" for you:

- Confidential Documents
- Hard Drives

**EVERYTHING IS SHRED ON SITE!**

**FRIDAYS FROM 9:30AM-  
10:30AM**

Peter's Hardware  
975 SE Federal Hwy, Stuart, FL  
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.  
(CASH only. Credit Cards for 5  
or more boxes)*

## July Summer Special!

*10% Off 50 Box or More  
Purge*

\*Valid only if booked & performed in month of  
July.



## Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

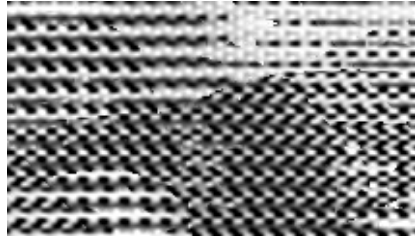
**For More Information,  
Call 772.222.3266**

**An Update on Identity Theft**



In 2021, it is estimated that at least 15 million Americans had their identity stolen.

Not every state is affected evenly. Here is a list of the top 5 states for identity theft in 2021:



## Fun Fourth of July Facts

- Star Spangled Banner became our National Anthem in 1931.
- The 12th President of the US, Zachary Taylor, died after giving a Fourth of July speech after he ate spoiled fruit.
- The Liberty Bell in Philadelphia is tapped 13 times every Fourth of July in remembrance of the 13 colonies.
- Thomas Jefferson and John Adams both died on July 4, 1826.
- President Calvin Coolidge is the only US President to be born on July 4.
- Americans spend more than \$1 Billion on fireworks every year.
- George Washington celebrated the 4th of July by giving his soldiers a double ration of rum

Source: We Are Teachers

1. Rhode Island
2. Kansas
3. Illinois
4. Louisiana
5. Georgia
6. Nevada
7. Colorado
8. New York
9. Delaware
10. Florida

This is the top 5 cities where you are most at risk for identity theft:

1. Providence, RI
2. Lawrence, KS
3. Topeka, KS
4. Wichita, KS
5. Lafayette, LA

And, Gen X-ers are the most likely generation to be the victim of identity theft, followed by Millennials, Baby Boomers and Gen Z-ers.

Credit card fraud is the #1 type of theft reported.

One of the top ways to avoid being a victim is to shred old receipts, credit card & bank statements and all mail offers.

[Click Here to Learn About Shredding Your Documents!](#)

Source: McAfee



Don't Become a Victim of the  
Fastest Growing Crime...Identity  
Theft!

We Service Residential Clients!

### Items You Should Shred:

- Credit Card Receipts
- Credit Card Offers
- Credit Card Statements
- Tax Returns
- Bank Statements
- Junk Mail

According to Money  
Magazine:

*"If You're Not Shredding  
All Your Mail, You're  
Making a Big Mistake"*

[Click Here to Learn  
More](#)

Call Now for a Free  
Quote 772.222.3266

## Cash App Data Breach



An SEC filing made on April 4, 2022 by the company formerly known as Square reported that the Cash App was breached by a former employee.

They did not disclose how many customers were affected other than to say they had reached 8 million customers to inform them of the breach.

Customers names, account numbers and portfolio values was among the information leaked.

Source: Experian

## Foods That Help Fight Allergies



allergies.

Eating inflammatory foods (think processed food and foods with added sugar and preservatives) makes your allergies worse. Replacing them with anti-inflammatory foods (think plant-based and whole foods) reduces allergies. The following foods have antioxidants, antihistamines, and vitamin C that are proven to reduce seasonal

- Onions, Broccoli, Grapes
- Citrus, Peppers, Potatoes
- Kefir, Kombucha, Kimchi
- Salmon, Seeds, Plant-based Oils

Source: Environmental Nutrition



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Connect with us

