



November Newsletter

Your Monthly Shred & Med Waste News!

Visit our website



Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering a Shred Event for your:

- Confidential Documents
- Hard Drives

EVERYTHING IS SHRED ON SITE!

**FRIDAYS FROM 9:30AM-
10:30AM**

Peter's Hardware
975 SE Federal Hwy, Stuart, FL
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.
(CASH only. Credit Cards for 5
or more boxes)*

November Special!

*Friday Shred Event - Fifth
Box FREE!*

*Pay for first 4 boxes and 5th box is free!.



Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

**For More Information,
Call 772.222.3266**

A Season To Be Thankful!



Data Breach Facts

- There have been 817 publicly reported data breaches in the US in 2022.
- The US is the country most affected by data breaches.
- The damage of a data breach in 2022 is approximately \$4.35 million.
- It takes almost 6 months for a company to learn of a data breach attack.
- On average, 68 documents get compromised each second.
- It takes months for a company to recover from a cyber attacks.
- 6.4 million fake emails are sent out every day.

Source: Venngage & Identity Theft Resource Center.



Thanksgiving Facts



All Points Owners are so grateful for the miraculous healing of our 16 year old son Austin. This is what Austin wrote this week:

As many of you know, this past week has been one of the most difficult weeks of my life. On Monday (10/24/22) I took a hit in football that left me unable to move from the neck down. I was quickly trauma-hawked to the hospital where they diagnosed me with a neurological condition that involves long lasting seizures and paralysis. I was told I would be on anti-seizure medicine the rest of my life and that there was a chance I would never be able to move my arms and legs again.

Your prayers truly changed my outcome, my diagnosis, and my future. After a long five days that involved two trauma-hawks to two different ICUs, many tests, tears, prayers, and much more, I walked out of the hospital on my own two feet. With no paralysis, no seizures, and no need for any medicine. I experienced nothing short of a miracle. There's no medical explanation of how I recovered like I did.

The only explanation is Jesus. I am beyond thankful to every single person who prayed for my recovery, the love I felt from every single one of you is indescribable. Normally there is a very long recovery to go through after suffering this kind of injury but to no

- Americans consume more than 45 million turkeys on Thanksgiving
- The average American eats 4,500 calories and 229 fat grams on Thanksgiving
- Americans buy 250 million pounds of potatoes on Thanksgiving
- Americans buy 77 million pounds of ham on Thanksgiving
- Only male turkeys actually makes the "gobble" sound. Female turkeys cackle.

[Click Here To Learn About Hard Drive Destruction!](#)

Call Now for a Free Quote 772.222.3266



surprise He worked another miracle. God took the plan the devil intended to use to take me out, and he made it into a testimony of His great power. Thank you for all the prayers and support! I share this with you today because if He did it for me, He'll do it for you God bless!



“Nothing strengthens authority such much as silence.”

-Leonardo Da Vinci



Natural Treatments to Stop Inflammation

Many of the most serious diseases are actually a result of chronic inflammation. The most common symptom is pain. Here are 4 natural remedies instead of turning to pain medicine, which can actually cause more problems.

- **Aloe Vera** - Health benefits include treatment of inflammation, arthritic pain, Crohn's disease, colitis and other digestive disorder.
- **Turmeric** - The active ingredient, curcumin, has strong anti-inflammation properties and can be used to improve digestion, promote flexibility, slow and reverse Alzheimer's disease and heart disease.

- **Astaxanthin**- Grown in fresh water, it is one of the strongest anti-inflammatories in nature. It has been proven to ease pain without side effects. Because it's fat soluble, it gets carried by fat right to muscles, tissues and organs.
- **Ginger** - Rich in bioactive compounds proven to reduce pain and help with rheumatoid arthritis or osteoarthritis, this herb reduces inflammation.

Source: HealingTheBody.ca



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