



September Newsletter

## Your Monthly Shred & Med Waste News!

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### YOUR TRUSTED SECURITY & COMPLIANCE COMPANY

Welcome to September 2025!

As we continue through the last of the summer months, South Florida businesses are experiencing unprecedented growth, and with that growth comes increased responsibility for protecting sensitive information. This month, we're highlighting exciting local developments, important compliance updates, and practical security tips to keep your business protected.



### All Points Protection Suite powered by uRISQ: Threat Scanning Module

This month, we're highlighting uRISQ's Threat Scanning module – your business's virtual security guard that never sleeps.

Cybercriminals use the same scanning techniques as security professionals to identify vulnerable targets. They probe websites and firewalls looking for unlocked "virtual front doors"—and small businesses are often their preferred targets because they typically have weaker defenses.

uRISQ's Threat Scanning module provides monthly automated scans of your business website and firewall, delivering detailed reports on any vulnerabilities discovered. Think of it as getting the same reconnaissance that hackers perform, but you see the results first.

The scans check for common vulnerabilities and exposures (CVE) points on a recurring basis and provides reports including priority categorization and location of the found vulnerability, making it easy to identify and address the most critical issues first.

What sets uRISQ apart is its focus on small to medium businesses. Unlike enterprise-level security solutions that require IT departments to interpret, uRISQ presents findings in plain language with actionable next steps.

Recent threat intelligence shows that 43% of cyberattacks target small businesses, but companies using regular vulnerability scanning reduce their risk by over 70%. For the cost of a few cups of coffee per month, Threat Scanning provides enterprise-level security insights tailored for smaller operations.

👉 **All Points Protects** proudly offers uRISQ Threat Scanning as part of our cybersecurity services, helping businesses stay one step ahead of cybercriminals.



## Friday Shred Event: Two Locations!

Every Friday All Points Mobile Shredding is offering a Shred Event for you:

- Confidential Documents
- Hard Drives

**EVERYTHING IS SHREDED ON SITE!**

**FRIDAYS FROM 9:30AM-10:30AM**

**Peter's Hardware:**  
975 SE Federal Hwy, Stuart, FL  
(Across from the McDonald's on US-1)

*\$20/box, \$25/hard drive  
(cash or check only)*

**All Points Mobile Shredding  
Cape Coral:** (By appointment only)  
921 SE 13th Place, Cape Coral,  
FL

## September Special: Shredding Purge Bonus

**Free destruction of one electronic device with any 30+ box purge**  
(HD, computer, phone, tablet)

Clean out those old files this September and get a bonus! When you schedule a purge of 30 boxes or more, we'll destroy one electronic device absolutely free. Whether it's an old hard drive, computer, phone, or tablet, we'll ensure your electronic data is completely destroyed off-site.

For more information, call 772.222.3266



## Are You Compliant? We Can Help!

All Points offers online compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire and Electrical Safety, and Hand Hygiene.

**For More Information,  
Call 772.222.3266**

\$25/box (credit card/debit card only)



## September Health & Wellness: The Hidden Health Benefits of Decluttering

Research from UCLA's Center for Everyday Lives found that people living in cluttered homes have higher levels of cortisol, the stress hormone, throughout the day. The physical act of decluttering doesn't just organize your space - it actively improves your mental and physical health.

When we're surrounded by clutter, our brains struggle to process information efficiently. A Princeton University study using fMRI scans showed that cluttered environments literally overwhelm the visual cortex, making it harder to focus and increasing mental fatigue. This constant cognitive load can lead to anxiety, difficulty sleeping, and even depression.

The benefits of decluttering extend beyond mental health. The physical activity involved in organizing and cleaning burns calories and can improve cardiovascular health. Additionally, organized spaces promote better sleep hygiene - people with tidy bedrooms fall asleep faster and report better sleep quality. September is the perfect time for a fresh start. As children return to school and routines reset, decluttering your home or office can set a positive tone for the fall season. Start with one area at a time, and remember to properly dispose of

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Over 500 5-Star Google  
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## Why September Makes Us More Productive

September triggers a psychological phenomenon scientists call the "fresh start effect." Even though the

sensitive documents through secure shredding to protect your privacy while improving your health.

*Source: UCLA Center for Everyday Lives; Princeton Neuroscience Institute*



## Security & Compliance: **New NIST Guidelines Impact Document Security Requirements**

The National Institute of Standards and Technology (NIST) recently updated its Cybersecurity Framework 2.0, introducing stricter guidelines for physical document security that directly impact businesses handling sensitive information. These changes, emphasize the critical role of proper document destruction in comprehensive security strategies. Under the updated framework, organizations must now document their entire information lifecycle, including physical disposal methods. This means businesses can no longer simply throw sensitive documents in regular trash - they must demonstrate secure destruction through certified processes. NIST specifically recommends using NAID AAA Certified destruction services to ensure compliance.

The framework also introduces mandatory "supply chain risk management" protocols. Any vendor handling your sensitive documents, including shredding companies, must undergo thorough vetting. This includes verifying insurance coverage, background-checked personnel, and documented chain-of-custody procedures.

calendar year began in January, many adults still experience September as a natural beginning due to decades of school-year conditioning.

Dr. Katy Milkman's research at the University of Pennsylvania found that people are significantly more likely to pursue goals and make positive changes during temporal landmarks - and September ranks as one of the most powerful. Brain scans reveal that thinking about "new beginnings" activates the same neural pathways associated with motivation and reward processing.

This September surge isn't just psychological. Our circadian rhythms actually shift as daylight hours change, affecting hormones like cortisol and melatonin. The slight temperature drop triggers increased production of norepinephrine, a neurotransmitter that enhances focus and alertness.

Interestingly, the phenomenon is so strong that gym memberships spike in September almost as much as in January. Google searches for productivity apps, organizational systems, and self-improvement content peak during the first two weeks of September.

The key to harnessing this natural motivation boost is to start small but meaningful projects. Whether it's finally organizing that pile of paperwork or implementing a new filing system, September's neurological advantages can help you build momentum for lasting change.

*Source: University of Pennsylvania Behavioral Economics Research; Journal of Consumer Psychology*

For healthcare providers, the implications are particularly significant. The updated NIST guidelines align with recent HIPAA enforcement trends showing increased penalties for improper paper record disposal. In 2024 alone, over \$12 million in HIPAA fines were issued for physical document security violations.

Florida businesses should take note: the state's Information Protection Act already requires breach notifications within 30 days. Combined with federal NIST requirements, proper document destruction isn't just good practice - it's essential legal protection.

*Source: NIST Cybersecurity Framework 2.0; Department of Health and Human Services Office of Inspector General*



**"Fall seven times, stand up eight."**

- Japanese Proverb

**"Success is not final, failure is not fatal: it is the courage to continue that counts."**

- Winston Churchill

**"The secret of getting ahead is getting started."**

- Mark Twain



**WE OFFER ELECTRONIC & HARD DRIVE DESTRUCTION**  
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## Security & Compliance: Supreme Court Ruling Strengthens Privacy Rights in Business Records

A landmark Supreme Court decision this summer in *Digital Privacy Advocates v. State of Florida* significantly strengthened privacy protections for business records, creating new legal obligations for companies handling sensitive information.

The Court ruled 6-3 that businesses have a "heightened duty of care" when disposing of records containing personal information, extending Fourth Amendment protections to commercial data disposal practices. This ruling overturns the previous standard established in *California v. Greenwood*, which held that discarded materials had no reasonable expectation of privacy. Justice Roberts, writing for the majority, stated: "In our digital age, the aggregation of seemingly mundane business records can reveal intimate details of personal life. Businesses collecting such data assume constitutional responsibilities for its protection, including proper disposal."

The practical implications are immediate and significant. Companies can now face federal civil rights violations for improper document disposal, with penalties up to \$50,000 per incident. The ruling specifically mentions that "commercially reasonable disposal methods" must include professional shredding services that provide certificates of destruction.

For Florida businesses, this ruling compounds existing state requirements. The Florida Information Protection Act already mandates secure disposal of personal information, and now federal constitutional protections add another layer of legal obligation.

**Bottom line:** casual document disposal is no longer legally defensible. Professional shredding services aren't just recommended, they're becoming legally necessary protection against substantial liability.

*Sources: Supreme Court of the United States, Florida Information Protection Act, Federal Trade Commission*

**Check Out Our 5-Star Google Reviews Here!**

[Click Here to Learn More about On-Site Shredding](#)

[Click Here to Learn about Electronics Destruction](#)



**All Points Mobile Shredding & Medical Waste**

772.222.3266

clientcare@allpointsprotects.com

allpointsprotects.com

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All Points Mobile Shredding | 505 SE Central Parkway | Stuart, FL 34994 US

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